

2009 Provincial Skills Competition

Scope Document

Northlands Agricom, Edmonton

May 13 & 14, 2009

EVENT: Aesthetics	LEVEL: Secondary
START TIME MAY 14: 8:45 AM	LOCATION: Hall B, Northlands Agricom, Edmonton
THEORY EXAM: No	DURATION: 6 hrs 45min (one day)
WORLDSKILLS TRADE #: 30	REGIONALIZED EVENT: No

GENERAL DESCRIPTION

Purpose of the Challenge:

To evaluate each contestants' preparation for employment and to recognize outstanding students for excellence and professionalism in beauty care skills.

Skills and Knowledge to be Tested:

See detailed project information at the end of the Scope.

1. Specific facial treatment, without machines, using a female model 18-25 years of age. Model will be changed prior.
2. Manicure with massage and French polish application.
3. Pedicure with massage and red polish application. Nail art will be applied to one large toe. Design posted on web site.
4. Models will be pre-selected.
 - o Models to be supplied by competitor and must meet the following criteria:

Model Criteria:

- must between age 18-25
- female with skin that is relatively free from skin diseases + disorders
- dressed in black (for make up)
- model must arrive with make-up on (no water proof mascara)
- no artificial nails
- some free edge to work with
- lower leg and underarm with hair (min. 1/4" long)
- no latex allergy
- free from sensitivities or allergies
- available for entire day
- must arrive with polish on both hands and feet
- any piercings must be removable
- willing to receive services from another competitor

* Competitors will not be working on their model. Failure to meet criteria will result in disqualification of competitor.

EQUIPMENT & MATERIALS

Equipment and Materials Competitors Must Supply:

- All tools (including tools used for nail art) needed to complete manicure and pedicure including hospital grade disinfectant.
- Gowns/Robes (wraps for competitors) (slippers are optional)
- Headbands (for model)
- Apron, smock or white lab coat (no identifying logos)
- Competitors should be prepared to bring sufficient linens for all contestant areas
- Bowls (Facial)
- Product dispensing cups
- Towels for all contest areas

Manicure supplies: finger bowl, Manicure implements such as: orange wood stick, nail file, cuticle pusher, nail brush,

Pedicure supplies: foot file, nail file, nail clippers, orange wood stick, pumice stone, cuticle pusher (stainless steel or plastic)

Facial Supplies: mask brush, bowls

Equipment and Materials supplied by Committee:

All large scale equipment will be available on site.

- Skincare, manicure and pedicure product , including nail art supplies.
- Please see specific product list and supplier information on last page.
- Disposable paper accessories

RELATED CAREER AND TECHNOLOGY STUDIES MODULES:

Skin Care 1	Module COS 1060	Manicuring 1	Module COS 1070
Facials & Makeup 1	Module COS 2120	Facial & Makeup 2	Module COS 2130
Skin Care 2	Module COS 2140	Manicuring 2	Module COS 2150
Manicuring 3	Module COS 2170	Skin Care 3	Module COS 3160
Pedicuring	Module COS 3200		

Descriptions of all modules are located at the following website:

<http://www.education.gov.ab.ca/cts/cosmet/>

JUDGING CRITERIA

Specific facial treatment	100
Manicures with massage	60
Pedicures with massage	40
Total	200



ADDITIONAL INFORMATION

With no secondary level event at the Canadien Skills Competition, the winner of the secondary Aesthetics event at Alberta's provincials does not move on to Nationals in Charlottetown, PEI.

COMMITTEE MEMBERS

Harmony Wolgemuth (Chair)
Alisa Milligan
Jacqueline Cairo
Sanja Dragicevic
Cecile Doris
Cydney Howey
Ashley Malone
Dona LaRocque
Brittney MacDonald
Linda Christianson

European Institute of Esthetics Edmonton
Ciao Bella Day Spa Grande Prairie
Marvel College Edmonton
Marvel College Edmonton
Marvel College Red Deer
Marvel College Red Deer
Silky Skin Laser & Esthetics Centre
Marvel College, Red Deer
Dolce Soleil
J. Percy Page High School Edmonton

Detailed project information is attached.

SPECIFIC FACIAL CARE WITHOUT MACHINES – 1.5 Hr.

Objective: Do a facial that meets specific skin's needs. Needs must be analyzed and recorded on the technical chart in order of priority and facial care provided based on that analysis.

Note: Contestants do not need to memorize products names, but must know the generic term denoting the action of the product (e.g. hydrating mask). Verbal analysis must also be given.

* Facial product supplied by

* See specific product list on the last page

Description of criteria

1. Professional attitude and behavior
 - Appropriate personal appearance
 - Makeup (impeccable)
 - Hair (firmly tied back for hygienic reasons)
 - Clothing (white professional uniform, lab coat, black pants, white dress top, flat black closed toed shoes)
 - Nails (short, clean, and unpolished)
 - Jewellery (none, for safety reasons)
 - Personal hygiene (no odour or perfume)
 - Vinyl gloves are optional
2. Work Station
 - Compliance with health and safety regulations
 - Washes hands
 - Disinfects/sanitizes all supplies and equipment
 - Sets up and arranges supplies & tools functionally and safely on the table
 - Shows concern for the model's comfort and complies with occupational health and safety standards
 - Keeps back straight throughout the procedure by adjusting equipment to height
 - Ensures that the model is in a comfortable, safe position
3. Welcoming and setting up model
 - Smiles
 - Shows the model where to sit
 - Shows constant concern for model's comfort
 - Have model remove jewellery and place in their handbag
 - Ensures that the model is properly draped
 - Uncovers model's face, neck and neckline
 - Protects model's hair
4. Examining skin and completing technical chart
 - Preliminary skin analysis
 - Removes makeup
 - Verbal analysis
 - Does detailed analysis of skin using magnifying lamp
 - Notes analysis on technical chart
 - Choose appropriate products to complete facial
5. Procedure
 - Based on desired outcome and established priorities

- Correctly chooses applies and removes exfoliant
- Massage must be flowing, slow and demonstrate the 5 classical massage manipulations (effleurage, petrissage, vibration, friction and tapotment)
- Applies skincare product selected in correct order and technique
- Uses products sparingly
- Hands must not leave face during massage
- Mask applied including neck area
- Mask removal
- Application of finishing product (protection cream)

Note: Judges: to facilitate validation of the choice of products. Your responsibility is to check application of the products. Judges may confer with product supplier.

6. Finalizing Model Care

- Remove head wrap
- Assist model to change room
- Escort model to seating area for final evaluation with judge

7. Cleaning and tidying

- Cleans work station, tools accessories, sink and waste basket in compliance with health regulations
- Empties equipment in compliance with health regulations
- Stores all supplies and equipment in compliance with health and safety regulations

MANICURE – 1 Hr 15 minutes

Objective: Manicure with massage. Apply a base coat, free hand application of French polish and one coat of top coat, all without smudging and without corrections. Clean up and put everything away. **Cuticle Nippers are not to be used.**

* Manicure product supplied by LCN Canada

Description of criteria

1. Professional attitude and behavior
 - Appropriate personal appearance
 - Makeup (impeccable)
 - Hair (firmly tied back for hygienic reasons)
 - Clothing (white lab coat, black pants, white dress top, closed toed shoes (black), black socks or nylons)
 - Nails (short, clean, and polished in red; gloves are not to be worn during procedure)
 - Jewellery (none for safety reasons)
 - Personal hygiene (no odour or perfume)
2. Work station
 - Compliance with health and safety regulations
 - Washes hands
 - Disinfects/sanitizes all supplies and equipment
 - Sets up and arranges supplies & tools functionally and safely on the table
 - Shows concern for the model's comfort and complies with occupational health and safety standards

- Posture
 - Keep your back straight at all times
 - Make sure that the model's back is well supported and that the body is close to the manicure table

- 3. Welcoming and setting up model
 - A welcoming smile
 - Shows the model where to sit
 - Have model remove all jewellery and place in their handbag
 - Maintain client comfort and consideration throughout the procedure

- 4. Manicure Procedure (Cuticle nippers will not be used)
 - Remove polish from nails
 - No residue on model's nails
 - Verbal consultation and analysis noted on technical chart
 - Logical manicure steps including filing, cuticle work, massage and polish application
 - Massage is slow and flowing
 - No extra application of product
 - Hands must not leave client during massage

- 5. Final steps
 - Prepare the nails, have client replace jewelry, application of basecoat, free hand application of French polish, and top coat
 - The application and verification of these steps include that the polish is perfect and without smudges, and without any sort of correction made
 - * Note : the use of polish corrector pens, tapes or guides is not permitted in the application of the French polish

- 6. Cleaning and tidying
 - All tools, accessories, products used, material and equipment must be carefully cleaned and sanitized
 - Safely stores tools and equipment
 - Any tools that can't be sanitized must be discarded
 - Empties waste basket

PEDICURE – 2 Hr.

Objective: Pedicure with massage, application of red polish to all toes and nail art on one toenail (large toe) Apply a base coat, two coats of red polish, one nail art design and one coat of topcoat, all without smudging. Clean up and put everything away.

* The nail art design will be posted on the Skills Alberta website. The design must be duplicated during the contest.

* Pedicure products supplied by LCN Canada.

Description of criteria

1. Professional attitude and behavior
 - * Appropriate personal appearance
 - Makeup (impeccable)
 - Hair (firmly tied back for hygienic reasons)
 - Clothing (white lab coat, black pants, white dress top, flate. closed toed shoes (black), black socks or nylons.

- Nails (short, clean, and unpolished)
 - Jewellery (none)
 - Personal hygiene (no odour or perfume)
2. Work station
 - Compliance with health and safety regulations
 - Washes hands
 - Disinfects/sanitizes all supplies and equipment
 - Sets up and arranges supplies & tools functionally and safely on the table
 - Shows concern for the model's comfort and complies with occupational health and safety standards
 3. Welcoming and setting up model
 - A welcoming smile
 - Shows model where to sit
 - Have model remove all jewellery and place in their handbag
 - Maintain client comfort and consideration throughout the procedure
 4. Pedicure Procedure (Cuticle nippers or Credo blades will not be used)
 - Remove polish from nails
 - No residue on model's nails
 - Verbal consultation and analysis
 - Logical pedicure steps including filing, cuticle work, massage and polish application exfoliation and callus reduction.
 - Massage is slow and flowing
 - No extra application of product
 - Hands must not leave client during massage
 5. Final Steps
 - Prepare the nails, application of basecoat, two coats of red polish, free hand (no decals) nail art design duplicating the template from the Skills Alberta website, applied to the great toe and top coat or Quick dry if necessary.
 - The application and verification of these steps include that the polish is perfect and without smudges, and without any sort of correction made.
 6. Cleaning and tidy
 - All tools, accessories, products used, material and equipment must be carefully cleaned and sanitized (Any tools that can't be sanitized must be discarded).
 - Safely stores tools and equipment.
 - Empties waste basket.



Product

The product suppliers for the 2009 Aesthetics event are Tara's Distribution and LCN Canada. The facial (Bernard Cassiere) and wax (Berins) products are supplied by Tara's Distribution (info@terasdistribution.com (780) 756-8287). LCN Canada will be supplying the products for the pedicure and manicure projects.